How to Make Homework Less Work

<https://youtu.be/UT-_G4-fYkw>

1. What are the three things they say you need?
2. There are six steps in the video. What does the word "step" mean in this context?
3. Copy the six steps in the correct order, according to what you see in the video:
* Listen to music.
* Chew gum.
* Clear your desk.
* Stop and exercise from time to time.
* Take notes.
* Eat while you work.

4) Which of the six steps do **you** do?