

WHO BENEFITS FROM ACTS OF KINDNESS

(English “Bagrut” Exam, Module C, Summer 2019)

Paragraph 3

Before¹ the experiment all the participants were asked questions to see how happy they were. When the experiment was over², they were asked the same³ questions again. Their answers showed that the participants in the first group were happier after the experiment. But what surprised⁴ the researchers was that even⁵ the participants in the second group, who only⁶ watched acts of kindness, were happier than before. The third group, which did nothing differently, was the only group that did not feel happier after the experiment.

1. Why did the researchers ask the participants questions before and after the experiment?
2. Why were the results⁷ of the research unexpected⁸?
 - a. They were different from those in other studies.
 - b. The answers of groups one and two showed similar⁹ results.
 - c. The third group was the happiest group.
 - d. The three groups wanted to do more acts of kindness.

¹ לפני – Before
² הסתיים – was over
³ אותו הדבר – the same
⁴ הפתיע – surprised
⁵ אפילו – even
⁶ רק – only
⁷ התוצאות, הממצאים – the results
⁸ Unexpected – לא צפויים, מפתיעים
⁹ דומות – Similar



